It could be you!

Core Values:
Sisterhood and
Sexual Assault Awareness
Welcome and Introductions
What does that mean?
To believe?
What does that look like?

Believe
(be.lieve) verb;
1. Accept (something) as true; feel sure of the truth
2. To have faith, confidence and trust
Sexual Assault and Sexual Harassment Could Happen to You

1 in 5 college women will be sexually assaulted during the course of their college career
It could be you.....

It could be your room mate, your best friend......

Your Sister
Not meant to scare you.

This training is intended to provide you information.

What you can do if you or someone you know is sexual assaulted or harassed.
Definitions

• Unwelcome conduct of a sexual nature.
  – Unwelcome sexual advances
  – Requests for sexual favors
  – Other verbal or nonverbal or physical conduct of a sexual nature

  – Sexual harassment also includes dating violence, domestic violence and stalking

• Sexual Violence is a form of sexual harassment and is prohibited by Title IX.

• Hostile environment
  – Conduct sufficiently severe that it interferes with a student’s ability to participate or benefit from the school’s programs
What do you think?

If you had sex with someone in the past that is clear consent to have sex with them again. True or False
What are your core values?

Compared to other students, fraternity men are more likely to be perpetrators of sexual assault and sorority women were more likely to be victims.

True or False
What do you think?

Compared to male fraternity members, sorority women were more rejecting of rape myths and more willing to intervene to prevent a sexual assault. True or False?
Sisters Believe!

Don’t Judge

Be Supportive

What does the Process Look Like?

Listen

Sisters Believe!

Be A Guide.

Be A Healer

Take Care of Yourself
Don’t Judge

You weren’t there

You don’t have all the facts

Just because there are no physical injuries doesn’t mean the damage hasn’t been done

Don’t compare what happened to another incident
Support

Provide resources

Take to and accompany to hospital (SANE exam)

Encourage reporting to a University official or law enforcement

Keep it to yourself

Don’t escalate by confronting or including others that don’t need to know

Seek permission
The Process

Understand the process takes time
- University = 60 days
- Douglas County = six months

KU amnesty policy for alcohol

University interim measures

Resources
- GaDuGi
- ETCWGE
- Willow
- CAPS
Listen
Patience
Attention
Caring
Guide

Gently provide guidance on follow-up items

Ensure they are getting support

Assist with Navigating unfamiliar processes and people

Make sure there are other things to think about and do
Different for all people

Some may need to talk and others may not ever want to talk about what happened

Slow or fast –either way be there for the person

Mistakes are part of the process

May not be what you would do or how you would handle it—that’s okay!

This is new. She may still be trying to figure out how to heal!

Healing
Recognize that to help someone you must also take care of yourself.

Good sleep patterns and nutrition.

Seek help from experts.

Try not to disrupt routines.
Sisters Believe!
Tell Someone!
Tell Your Sister!
She will Believe!
Thank you! Speak Up!

- No matter what sorority you’re in—
  Sisters are still Sisters!